

Virtual Group Medical Visits

Group medical visits connect patients to our interdisciplinary team to enhance their care through:

- Brain and nerve health tools
- Headaches
- Mental health skills
- Nutrition and gut health
- Pain neuroscience recovery
- Safe movement group rehab and physio
- Spine pain
- Surgical patient Optimization
- Widespread pain
- Yoga

The patients have access to all of our MSP-covered GMVs. NO CHARGE for all BC residents who have a valid healthcare number

What sessions are available?

- Access www.changepain.ca
- Go to the navigation bar tab "Our Services".
- Choose "MSP Covered"
- Choose the "Group Medical Visits" to see the schedule.

MSP rules for new and existing patients

- New Patients - First sign up for ANY GP-LED GMV, and complete this session before signing up for other sessions.
- Existing patients - Can access all of the Specialist-Led and GP-Led sessions on the GMV schedule.
- A secure zoom link is sent, and the patient may join using the computer or your smartphone.

How to book?

- Access www.changepain.ca
- To book the session, press the red button "book online" on the right side of the CHANGEpain website to enter into our electronic medical record (EMR). Choose your session and submit it.
- Once our staff reviews the session request, the EMR emails the final appointment confirmation.

How many GMV's a patient can join?

- All existing patients can self-schedule a maximum of one GP-led and one specialist-led GMV per day.
- MSP rules say you can only see your doctor for one appointment on the same day. This means your CPC doctor can only see you for either a GMV, procedure or video appointment in one day.
- Sessions can be taken more than once and you don't have to take all sessions in a series.

If the patient has any questions?

The most reliable way to reach us is to use the form on the "Contact Us" tab (www.CHANGEpain.ca)