



ONLINE STUDY:

PAIN + MENTAL HEALTH IN
CANADIAN MILITARY VETERANS/
SERVING MEMBERS AND THEIR
CHILDREN (AGES 10-40)

Contact the research team at:
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UNIVERSITY OF
CALGARY

Chronic Pain
Centre of Excellence
for Canadian Veterans



Centre d'excellence
sur la douleur chronique
pour les vétérans canadiens

 **PEAK**
Champions for Kids' Pain

WHO CAN PARTICIPATE?

Canadian Military Veterans /Serving Members and their child (ages 10-40 years) who are willing to participate in the study together.

WHY PARTICIPATE?

Chronic pain can run in families; however, many children are resilient. Help us better understand how pain can be transferred to children from their parents, and which factors affect this in a Veteran/Military population. This is the first Canadian study to examine this and will inform how to help families of Canadian Veterans and Serving Members now and in the future.

WHAT DO YOU HAVE TO DO?

Veterans, Serving Members and their children would be asked to complete an online survey which would take approximately 30-45 minutes to complete. As a thank you for participating, our research team will be happy to answer any questions to further educate participants on the topic, and Veterans, Serving Members and their children would each receive a \$15 gift card.